



Town of Cheektowaga Emergency Services

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Preparing Emergency Supplies

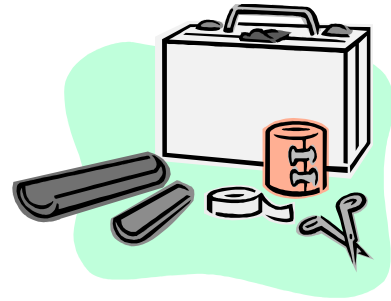
Identifying and collecting emergency supplies now can save you precious time in the event you must evacuate or go without electricity, heat or water for an extended period of time.

Consider including these items in your emergency supplies kit:

- Portable battery powered radio
- Flashlight(s)
- Extra batteries for all portable electronic devices.
- At least a 3 day supply of water (1 gallon per person per day). Store water in sealed, unbreakable containers and replace every 6 months.
- 3-to 5 day supply of emergency ready-to-eat perishable packaged or canned foods that do not require refrigeration. Include peanut butter, crackers, granola bars and other high energy foods.
- Manual can opener.
- Clothing, rain gear and sturdy shoes for each family member.
- Sleeping bags, bedding or blankets for each family member.
- One week's supply of essential prescription medicines (be sure to check the expiration dates)
- Emergency heating equipment (used properly with adequate ventilation) with ample fuel supply and fire extinguisher.
- Special items for infants, the elderly or family members with special needs.
- Extra pair of glasses or contact lenses and solution (be sure to check the expiration dates).
- List of family physicians, important medical information, and the style and serial number of medical devices such as pacemakers.
- Identification, credit cards, cash and photocopies of important family documents including home insurance information.
- Extra set of car and house keys.

EMERGENCY FIRST AID KIT

- First Aid Manual
- Sterile adhesive bandages
- Over the counter medications (aspirin, antidiarrheal medications, activated charcoal, and syrup of ipecac)
- Antiseptic ointment
- Non-latex gloves
- Thermometer
- Tweezers
- Tongue depressors



OTHER ITEMS

- Soap
- Screwdrivers
- Cutters and scissors
- Duct tape
- Waterproof matches
- Flares
- Plastic storage containers
- Needle and thread
- Pen and paper
- Garbage bags
- Regular household bleach (for disinfecting)