

Adult Sports

Beach Volleyball Leagues

Monday: 6-person Women's, 6 - 9pm

Tuesday: 6-person Co-ed Inter, 6-8:30pm

Start Dates: May 21,22,24,25

of Weeks: 10 (includes playoffs)

Location: Cheektowaga Town Park Sand Volleyball Courts behind the pools

Rain Court: Alexander Community Center

Fee: \$170 per team

Teams are also obligated to a \$10 referee fee per match. All players must be 18 years of age unless a signed parental consent form is received. If fewer than four teams register for any night, league will be cancelled and money refunded.

For more information call Vic Nosal at 897-7207 x6650

Thursday: 6-person Co-ed Rec, 6-8:30pm

Friday: 6-person Co-ed Inter, 6-8:30pm

Adult Swim Lessons

Participants will learn and improve aquatic skills that will provide opportunities to improve their health and fitness levels. The program will be individualized to meet the needs of each participant.

Start Date: Tuesday, July 3 [6237]

End Date: Thursday, August 9

Day/Time: Tue & Thu, 6:30 - 7:30pm

Location: Town Park Pool

Ages: 18 years and older

Fee: \$50 **Resident Card:** \$30

Pickleball

We have courts located at:

Stiglmeier Park

Raymond Park

Orchard Park

Check out our Facebook page (Town of Cheektowaga Pickleball) to find out more information about special nights we will be hosting over the summer.

Fall Softball Leagues

Tues: Mens and Co-ed

Wed: Mens and Co-ed

Thur: Mens and Co-ed

Fri: Mens and Co-ed

Fee: \$200

Registration begins July 1st at the softball office at Losson Park. Call 656-2294 for more information.

Water Aerobics

A 30 minute water workout designed to tone the legs and provide a mild cardio workout. Support "noodles" will be used throughout the class so all the basics of water walking will be learned. Minimum of 10 people registered to run class.

Start Date: Monday, July 2 [6244]

End Date: Wednesday, August 8

Days/Times: Mon & Wed, 6:15 - 7:15pm

Location: Dingens Pool

Ages: 15 years and older

Fee: \$60 **Resident Card:** \$35

IN ORDER TO RECEIVE THE RESIDENT RATE YOU MUST PURCHASE A RESIDENT CARD

SHARE YOUR IDEAS...

If you have an idea for a new program that others would enjoy, or know someone with the talents and know-how to run a program or teach a class, call us at 897-7207.