

Adapted Recreation Program

The Cheektowaga Adapted Recreation Program is for individuals with special needs. The major goals of the program are to provide a variety of adapted recreational activities and Special Olympic training which will help improve motor control, boost self-esteem and increase social skills. Our activities include: Friday Night Social Club (13 yrs. and older), Friday Night Bash (12 years and younger), Saturday Mini-Camp and sports training. We train in swimming, basketball, track & field, softball and bowling for Western Region Special Olympics. Program runs October - May. Special Olympics through August.

Fees: \$298 Non-resident*
\$266 Resident*
\$62 Sports Only*

This is a one-time fee and covers the entire length of our program. Additional fees may be charged for field trips and Friday night programs. These fees will vary according to activity. Days of the week subject to change.

Locations & Times:

Monday: Basketball Program
6:30-8:00PM
JFK Middle School

Tuesday: Special Olympic Training(March-Aug.)
Track (March-May)
Softball (May-Aug.)
6:00-7:30PM
Alexander Community Center

Wednesday: Swim Program
Times & Location TBA

Friday: Friday Night Social Club
Friday Night Bash
Varies According to Activity

Saturday: Mini Camp
10AM-2PM
Alexander Community Center
Bowling Program
3-5PM
Lancaster Lanes

A monthly calendar will be provided to list each month's activities as well as other important information.

Supervisor: Amy McMahan
Assistant: DeYonca Porter

OPWDD Eligible

Fees: \$255 Non-resident*
\$230 Resident*
\$50 Sports Only*

Special Olympic Training: Our group prepares for competition in Western Region Track & Field, Swimming, Softball, Basketball, and Bowling. Basketball and Track & Field athletes needs a minimum of 10 trainings to compete. Bowling requires a minimum of 15 games to compete. All trainings are done at various levels allowing for participants of varying degrees of disabilities to compete.

Saturday Mini Camp: Camp is held at the Alexander Community Center from 10 am-2 pm. A variety of adapted recreation activities are provided in Arts & Crafts, Physical Education, Music, Cooking and more. We try to plan an occasional field trip once or twice a season. Reservation slip and fee need to be submitted by the due date for the scheduled field trips.

A bag lunch must be sent with your camper (drinks will be provided).

Saturday Bowling Program: Bowling is offered to all participants on scheduled days. Our staff will provide training and help to all bowlers. The cost of bowling TBD includes three games of bowling, shoe rental, and ball (cost is determined by Lancaster Lanes). If your child attends Saturday Mini Camp, the staff will transport them to the bowling lanes.

Swim Program: Recreational swim for all program participants (swimmers & non-swimmers). Special Olympic training is provided for the annual Western Region Swim Meet. Location Villa Maria Athletic Center

Friday Night Social Club & Friday Night Bash: Groups will meet one Friday a month for an evening of fun. We plan activities either out in the community or at our Center. Cost varies with activity.

Additional Information: *If you contribute to the United Way, we are a participating program. Please consider making your United Way contribution to the Cheektowaga Youth and Recreation Services - Adapted Recreation Program.*

All activities will be supervised by trained staff. If at any time you have questions or concerns, please do not hesitate to contact the Adapted Recreation Office at 897-7205.

