

17th Annual Reinstein Woods Fall Festival

Saturday, September 16, 2017
10:00 a.m. – 4:00 p.m.

Reinstein Woods Nature Preserve
93 Honorine Drive | Depew, NY



Department of
Environmental
Conservation

Celebrate 30 years of DEC ownership of Reinstein Woods! Enjoy a full day of nature activities, exhibits, live animals, crafts for kids, music, demonstrations and more!

Event is rain or shine. For more info call 683-5959 or visit www.reinsteinwoods.org

Library Enrichment Program

Reading for pleasure three or more hours per week is one of the essential building blocks young people need as a foundation for growing up. Cheektowaga Youth & Recreational Services joins with the Cheektowaga Public Libraries to encourage reading and utilization of the public libraries.



Library Winter Hours

(approximately Labor Day to Memorial Day)

Anna M. Reinstein Memorial Branch
2580 Harlem Road • 892-8089

Mon	1:00 PM - 9:00 PM
Tue	9:00 AM - 5:00 PM
Wed	9:00 AM - 5:00 PM
Thu	1:00 PM - 9:00 PM
Fri	Closed
Sat	9:00 AM - 5:00 PM
Sun	Closed

Julia Boyer Reinstein Branch
1030 Losson Road • 668-4991

Mon	10:00 AM - 9:00 PM
Tue	10:00 AM - 9:00 PM
Wed	1:00 PM - 9:00 PM
Thu	10:00 AM - 9:00 PM
Fri	10:00 AM - 5:00 PM
Sat	10:00 AM - 5:00 PM
Sun	12:00 PM - 5:00 PM

Cheektowaga Youth Foundation

The Cheektowaga Youth Foundation serves to support the mission of the Cheektowaga Youth and Recreational Services Department by providing young people with opportunities for personal growth in the areas of education, health, athletics, the arts and social development. The Foundation meets the second Wednesday of each quarter at 6:00 PM at the Alexander Community Center. Both adults and youth are welcome to serve on the Foundation. Call Jillian King at 897-7207, ext. 6648.

SHARE YOUR IDEAS...

If you have an idea for a new program that others would enjoy, or know someone with the talents and know-how to run a program or teach a class, call us at 897-7207.

PLEASE HELP US KEEP OUR MAILING LIST UP-TO-DATE. Let us know if you have moved or would like to be removed from our list. If you know someone who would like to receive our program brochure, please call our office to get them on our mailing list.



Make a Date for Dinner...

Cheektowaga Alliance for Healthy Communities • Healthy Youth encourages you to celebrate

Family Day

“A Day to Eat Dinner with Your Children”

Monday, September 25, 2017

Good food, great conversations and loads of laughs--- that's what family dinners are made of. If busy schedules are making it hard for your family to pencil in regular family meals, take a “time out” to consider all the benefits of gathering around the dinner table. Family dinners are about more than just sharing a meal.

This is a national effort to promote parental engagement, through family dinners, as an effective way to reduce substance abuse among children and teens. Family

Day is celebrated, annually, on the fourth Monday in September. Research by The National Center on Addiction and Substance Abuse [CASA] at Columbia University consistently finds that the more often children eat dinner with their families the less likely they are to smoke, drink or use drugs.

The Cheektowaga Alliance for Healthy Communities Healthy Youth encourages you to begin making family dinners a regular feature of your daily routine!



HOPE for all seasons

Catholic Charities empowers youth, supports families & strengthens relationships.

Do you know a young person who would benefit from expanding their skills to become an independent and responsible adult? Or do you know of a youth and family experiencing the impact of a loss, transition or crisis? Catholic Charities School Intervention Service (SIS) may be able to help.

With funding assistance from the Town of Cheektowaga Youth and Recreational Services and NYS Office of Children and Family Services, Catholic Charities of Buffalo, N.Y. provides counseling and wellness programs for Town of Cheektowaga students and their families. Catholic Charities of Buffalo's SIS program is grounded in the belief that the best chance for youth's success involves attaining both internal and external developmental assets. This service is available free of charge to youth and families in the Cheektowaga, Sloan and Depew school districts. In collaboration with their family, school and counselor, youth are empowered to demonstrate more autonomy and responsibility, families receive support, and relationships grow stronger.

Catholic Charities counselors help youth, adults and families with day-to-day challenges and serious concerns by helping to pinpoint the problem and use their strengths to select a solution that best fits their unique situation. SIS helps youth strengthen their assets/skills and develop their resiliency to overcome challenges with school. These challenges can include a decline

in grades, truancy, discipline problems, being older than their classmates, leaving school before graduating, difficulties with peer or authority relationships, and adjustment to transitions in their lives.

SIS counselors include NYS Licensed Social Workers who are certified in Child and Adolescent Trauma Treatment. Our counselors focus on solutions and strengths to help youth and families find their own direction.

Located at 3719 Union Rd., Cheektowaga, Catholic Charities of Buffalo offers services Monday-Friday, 8:45 am to 4:45pm with select evening hours. All services are provided by appointment so that families will know what specific documentation will be required for them to receive the right service for their situation.

Catholic Charities empowers children, families and seniors to achieve meaningful, healthy and productive lives. In all situations, we deliver support to meet immediate needs, and then address other needs to achieve long-term success. We are the most comprehensive human service provider serving more than 130,000 people in all eight counties of Western New York, with 70 programs and 61 locations. We receive highest ratings for quality of service provided and financial health/accountability as rated by the Council on Accreditation and Charity Navigator. For 90 years, Catholic Charities has been making a difference for people of every faith and ethnicity in Western New York. Catholic Charities welcomes and gratefully serves active military, veterans and their families.

Be sure to check out Catholic Charities on Facebook at www.facebook.com/ccbuffalo and on Twitter at www.twitter.com/ccbuffalo. For more information or to request an appointment, please visit our website www.ccnny.org or call 716-681-7394.