

# Gymnastics / Youth Sports

## Gymnastics

We offer a wide variety of classes for all ages. We start with the 3 and 4 year olds in our tiny tumblers class which gives the kids an introduction into the exciting world of gymnastics. Next level is the beginners for ages 5+ and they learn the basic gymnastic skills in Olympic events. As the children progress and are able to perform certain skills, they will be allowed into either the introduction to advanced or advanced 1 & 2 classes. We emphasize a FUN and SAFE environment for everyone. **Special Note:** Parents are not allowed in the instruction area, it is very distracting to our gymnasts. You may wait in the lobby or leave the building.

**Location:** Alexander Community Center  
**Class Limit:** 25 per class  
**Start Date:** Saturday, September 9th  
**End Date:** Saturday, November 25th  
**# Of Classes:** 11



### 3 YEAR OLDS

**Days & Times:** Saturday, 9:00-10:00am  
**Fee:** \$66 2nd Child - \$61  
**Membership Fee:** \$55 2nd Child - \$50

[6045]

### INTRO AND ADVANCED LEVEL 1 & 2

\*Need permission from gymnastics supervisor to register  
**Days & Times:** Saturday, 1:00-2:30pm  
**Fee:** \$88 2nd Child - \$83  
**Membership Fee:** \$77 2nd Child - \$72

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### 4 YEAR OLDS

**Days & Times:** Saturday, 10:00-11:00am  
**Fee:** \$66 2nd Child - \$61  
**Membership Fee:** \$55 2nd Child - \$50

[6046]

### JUST A BACK HANDSPRING

\*Must be able to do a round-off and a solid bridge before entering class  
**Days & Times:** Saturday, 2:15-3:15pm  
**Fee:** \$77 2nd Child - \$72  
**Membership Fee:** \$66 2nd Child - \$61

[6049]

### BEGINNER (AGES 5+)

**Days & Times:** Saturday, 11:00am-12:00pm  
 12:00-1:00pm  
**Fee:** \$77 2nd Child - \$72  
**Membership Fee:** \$66 2nd Child - \$61

[6047]

[6048]

**PRIVATE LESSONS** Please call Lisa Miller at 897-7207 ext. 6668 to set up an appointment. Fee: \$17/hour payable at door or \$14/hour if you are a current gymnastics participant



## Start Smart Basketball

Start Smart Basketball teaches children (ages 3-6) the basic motor skills necessary to play organized basketball

while they work one-on-one and spend quality time with their parent. The program focuses on teaching children and their parents skills in dribbling/ball handling/passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt. Class is held once a week for 10 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement.

*Note: Each child receives a mini basketball, a soft bounce basketball, four cones, one jersey and a participant's manual.*

**Start Date:** Sept. 14, 2017

**End Date:** Nov. 16, 2017

**# of Classes:** 10

**Days/Times:** Thursdays, 4:30-5:30pm

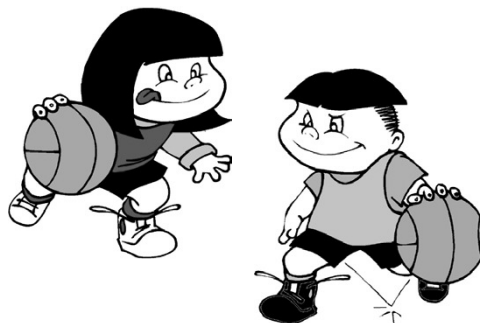
**Location:** Alexander Community Center

**Ages:** 3-6 yrs with parent/guardian [6043]

**Fee:** \$78

**Membership Fee:** \$73

**Program Supervisor:** Victor Nosal



## Youth Basketball

Come join us in our fun-filled classes consisting of segments on fundamentals, techniques, and scrimmage play. All classes will be directed by a fully-certified recreational coaching staff.

**Start Date:** Sept. 19, 2017

**End Date:** Nov. 21, 2017

**# of Classes:** 9

**Days/Times:** Tuesdays, 4:30-5:30 pm

**Location:** Alexander Community Center

**Ages:** 7-12 years [6042]

**Fee:** \$68

**Membership Fee:** \$63

**Program Supervisor:** Victor Nosal

