

Adapted Recreation

Adapted Recreation Program



The Cheektowaga Adapted Recreation Program is for youth with developmental and other disabilities. The major goals of the program are to provide a variety of adapted recreational activities and sports training which will help improve motor control, boost self-esteem and increase social skills. Our activities include: Friday Night Social Club (13 yrs. and older), Friday Night Bash (12 years and younger) and Saturday Mini-Camp. We also train in basketball, swimming, bowling, track & field and softball for Western Region Special Olympics.

Special Olympic Training: Our group prepares for competition in Western Region Basketball, Bowling, Swimming, Track & Field and Softball. Athletes need a minimum of 10 trainings to compete. All trainings are done at various levels allowing for participants of varying degrees of handicaps to compete.

Saturday Mini Camp: A variety of adapted recreation activities are provided in Arts & Crafts, Physical Education, Music, Cooking and more. A bag lunch must be sent with your camper (drinks will be provided).

Friday Night Social: Groups will meet occasionally on Fridays for an evening of fun. We plan activities either out in the community or at our Center. Cost varies with activity.

All activities will be supervised by our staff. If at any time you have questions or concerns, please do not hesitate to contact the Adapted Recreation Office at 897-7205

Amy McMahon
Program Coordinator



Registration is on-going, call 897-7205.

Fees: \$275 Resident*
\$370 Non-resident*

OPWDD Eligible

\$240 Resident*
\$275 Non-resident*

Sports Only

\$55 Resident*
\$75 Non-resident*

Additional fees may be charged for field trips and Friday night programs.

Locations & Times:

- Monday:** Basketball Program (ends in March)
6:30-8pm, JFK Middle School
- Tuesday:** Track & Field Program
(Begins in March)
6-8pm, Alexander Comm. Center
- Wednesday:** Swim Program (ends in April)
6-8pm, JFK High School
- Friday:** Friday Night Social Club
Friday Night Bash
Varies according to activity
- Saturday:** Mini Camp
10am-2pm, Alexander Comm. Center
Bowling Program (every other Saturday)
3-5pm, Lancaster Lanes (ends in Feb.)

A monthly calendar will be provided to list each month's activities as well as other important information.